

# New to Russell House League Soccer?

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Here are some basic facts about playing House League soccer in Russell:

- We use only the year of birth to determine a player's age, (e.g., in 2014, all those born in 2010 are considered a 4 year old). House League is open to children turning 4 this year and older (our insurance starts at this age, so we cannot make exceptions for 3 year olds).
- We have youth age groups up to 21, Men's House League on Monday nights, and a Mixed League on Tuesday nights. Soccer is mixed (boys and girls) from age 4 to 7, and 15 to 21. Separate boy's and girl's teams from 8 to 12.
- Most House League games are played behind École St. Joseph and Russell High School. 4 year olds and our special need teams "The Challengers" play elsewhere).
- Games for 5 Year Olds to 17-21 play twice a week on set nights at set times. The House League schedule by age group is available on the Russell Soccer Club website.
- House League registration includes a shirt, shorts and socks. Players require mandatory shin guards and cleats.
- Coaches receive their list of players in early to mid-May and will be in touch with their players to distribute uniforms and schedules prior to the start of the season.
- The season is 10 weeks long, starting on the Victoria Day. We have an Opening Festival (including photo day) within the first 2 weeks, and a Closing Day Festival in July on the Saturday of the weekend before the August long weekend.
- As with every volunteer organization, we are always looking for coaches, assistant coaches and other helpers. No experience is necessary. We supply coaching guides and offer free coaching clinics. As a coach (or assistant) you will receive a coach shirt and will, of course, coach your own child's team. Without enough people willing to coach we cannot begin the season on time so please consider volunteering by contacting the club at <mailto:rsclub@russellsoccer.com>.